

School Program Research



What is Leader in Me?



From Pre-K through high school and beyond, social-emotional development helps people acquire and apply knowledge, attitudes, and skills to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

Our school implements Leader in Me, which is a CASEL-endorsed social emotional learning process, where students learn personal and interpersonal effectiveness by applying The 7 Habits of Highly Effective People to their academic and personal goals. CASEL or the Collaborative for Academic, Social, and Emotional Learning is the leading authority in the advancement of SEL in education.

Through their collaborative work with researchers and educators, CASEL has identified five core Social-Emotional Learning competencies that have been embraced by programs and organizations across the U.S. and abroad. The competencies are self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. While Leader in Me and CASEL have different competency names, their underlying outcomes are so closely related that as Leader in Me students develop leadership competencies, they are also developing CASEL's competencies. This aligned development provides students with the skills needed to be lifelong learners and Life-Ready Leaders.

What is The 7 Habits of Happy Kids?

The 7 Habits of Happy Kids is a *New York Times* best-selling children's book authored by Sean Covey and illustrated by artist Stacy Curtis. The book introduces young readers to the 7 Habits through a cast of characters and accessible stories that give parents tools to help explain useful life lessons. The characters in the book were inspired from and are based on Covey's own children and their personal interests in life and experiences with the 7 Habits. From being proactive to sharpening the saw, this kid-friendly, *New York Times* best seller has a fully illustrated story to introduce each of the 7 Habits.

What is AVID ?



AVID (Advancement Via Individual Determination) is a nonprofit that changes lives by helping schools shift to a more equitable, student-centered approach. The program trains 85,000 educators annually to close the opportunity gap, so they can prepare all students for college, careers, and life. When schools partner with AVID, they receive professional development, a suite of resources, and ongoing support to ensure a lasting impact that maximizes their return on investment. AVID is not "one more thing to do"—AVID's work with schools aligns with our goals to accelerate and enhance the work that is already happening.



What is STEM?

STEM (Science Technology, Engineering, and Mathematics) is the idea of educating our students in these four specific disciplines with an interdisciplinary approach rather than teaching these subjects in isolation. STEM uses real world problems and applications to teach concepts and skills that will prepare our students for their futures, potentially in a career in the STEM field.

What is PLTW?



Our school focuses on the Next Generation Sunshine State Standards in science with the integration of Project Lead The Way interdisciplinary modules to bring learning to life. This program empowers students to adopt a design-thinking mindset through compelling activities, projects, and problems that build upon each other and relate to the world around them. These hands-on activities enable them to become creative, collaborative problem solvers ready to take on any challenge.